

Champion Karate & Fitness

Terminology Sheet

To Obtain Kinder Purple, Kinder Red, & Youth/Adult Blue Belt

Numbers

21	ni ju ichi	26	ni ju roku
22	ni ju ni	27	ni ju shichi
23	ni ju san	28	ni ju hachi
24	ni ju shi	29	ni ju ku
25	ni ju go	30	san ju

Basic Karate Terms

attention	kyotsuke
ready	yoi
knife hand	shuto
sparring	kumite
horse stance	kiba dachi
right	migi
left	hidari
front	mae
back	ushiro

Colors

green	midori
purple	murasaki